# 2023 – 2024 FORT LEE BOYS BASKETBALL LEAGUE – FRESHMAN DIVISION

All games will be played under High School Rules with the following exceptions:

1. Each team will have six players designated as starters (A-Team) that cannot play in the 2nd and 4th quarter.
2. **Game Time:** Five 8-minute quarters with stopped time at 2 minutes of the 5th quarter.
3. **Timeouts**: 5 total timeouts per team - 2 in 1st half (1st, 2nd) and 3 in 2nd half (3rd, 4th, 5th)
4. **Overtime**: 2 minutes of stopped time with 1 timeout per team.
5. **Fouls:** No personal fouls will be counted. 5th team foul results in 2-FT shots. Team fouls reset each quarter.
6. **Full court press** is NOT allowed.
7. **Defense** may NOT defend over 3-pt line.
8. **18 Point Rule (Excludes 5th quarter and playoffs):** A team that is 18 points ahead will insert their B-Team team until there is a 12-point difference.

# 2023 – 2024 FORT LEE BOYS BASKETBALL LEAGUE – JV DIVISION

All games will be played under High School Rules with the following exceptions:

1. Each team will have six players designated as starters (A-Team) that cannot play in the 2nd and 4th quarter.
2. **Game Time:** Five 8-minute quarters with stopped time at 2 minutes of the 5th quarter.
3. **Timeouts**: 5 total timeouts per team - 2 in 1st half (1st, 2nd) and 3 in 2nd half (3rd, 4th, 5th)
4. **Overtime**: 2 minutes of stopped time with 1 timeout per team.
5. **Fouls:** 5 personal fouls disqualify player from game.
6. 5th team foul results in 2-FT shots. Team fouls reset each quarter.
7. **Full court press** is allowed last 2 minutes of 3rd and 5th quarter unless team is up by 18 points.
8. **18 Point Rule (Excludes 5th quarter and playoffs):** A team that is 18 points ahead will insert their B-Team team until there is a 12-point difference.

# 2023 – 2024 FORT LEE BOYS BASKETBALL LEAGUE – VARSITY DIVISION

All games will be played under High School Rules with the following exceptions:

1. Each team will have six players designated as starters (A-Team) that cannot play in the 2nd and 4th quarter.
2. **Game Time:** Five 8-minute quarters with stopped time at 2 minutes of the 5th quarter.
3. **Timeouts**: 5 total timeouts per team - 2 in 1st half (1st, 2nd) and 3 in 2nd half (3rd, 4th, 5th)
4. **Overtime**: 2 minutes of stopped time with 1 timeout per team.
5. **Fouls:** 5 personal fouls disqualify player from game.
6. 5th team foul results in 2-FT shots. Team fouls reset each quarter.
7. Full court press is always allowed unless team is up by 18 points.
8. **18 Point Rule (Excludes 5th quarter and playoffs):** A team that is 18 points ahead will insert their B-Team team until there is a 12-point difference.